



Arogya Foundation of india



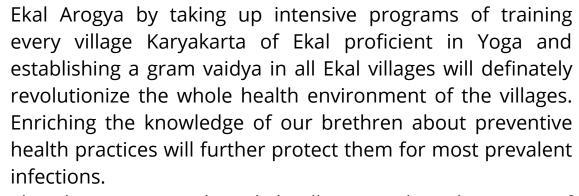


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Blessing of Mentor

Aatm nirbhar Bharat is the buzz these days. Ekal Abhiyan has strived for the same since its inception. When vanvasi and gramin Bharat is in the middle of a plan definitely Ekal is in the forefront. Corona is also teaching again and again that there is no option for the villages except to be Atm Nirbhar. Following this principle of ekal Abhiyan Arogya Yojana is fast moving to make health system in the villages self dependent. Traditional systems of medicine and yoga is the only answer to the prevailing health problems of our rural brethren. In fact this is also true for urbanites too but handily available hospital services and medical experts distort their vision which corona has proved to be a reason for high mortality in cities.



This doesn't mean that Ekal will ignore the advantages of modern medical science. Through telemedicine every Ekal village is going to be connected with urban health facilities and as soon as the trainings are completed Ekal Arogya Yojana will set forth a unique combination of various health systems in the service of our brethren in the villages.

I most enthusiastically bless whole team of Arogya which is leading, as also all the karykarta of Abhiyan who are striving hard to make sure this program a success.

Thanks. Shyam Gupt Ekal Abhiyan SangthanPrabhari



Shyam Gupt Ekal Abhiyan Sangthan Prabhari

Message from CEO, Ekal Abhiyan

The year gone by, 2020-21, has been Corona year literally and in essence from all points of view, for social organisations likes of Ekal who are engaged in multi-faceted programs of rural development. The year has been traumatic in the living history which upset our planet in entirety, human life in particular. All spheres of human life- economic, social, family and individual on were thrown out of gear by the Covid pandemic. The social institutions like Ekal were severely impacted in that the services on the ground in remote rural geographies came to halt in first half and were severely impacted thereafter.

The crisis created space for those who are determined to turn it into opportunity and that is what Ekal Arogya in fact did. New ways were charted leveraging technology, to engage all stakeholders continuously and intensively which delivered the results in an otherwise hopeless environment. The services of Ekal Arogya in the changed form, compelled by the circumstances, of course filled the vacuum, yet the challenges were galore. Shifting a wide spread organisation swiftly to deliver and cater to new demands was in itself a massive challenge. The innovative and timely action by Ekal Arogya however produced the results. Ekal Arogya rose to the occasion to respond to the challenges thrown by the Pandemic. The confidence gained during the year would benefit the Ekal Movement enabling it deliver more impactful services to tribal and rural communities on sustained basis, I have no doubt.

Rendering services for preventive and remedial services in Covid crisis apart, the year also witnessed the long-awaited growth in number of clusters served by Arogya, ARC Sanch, through IVD (Integrated Village Development) programme adopted by Ekal USA and 7 new clusters were added to an almost stagnated figure of 29, a welcome feature, even though the pace of progress in raising volunteers and their training was adversely affected by Covid compulsions. The welcome earned by a new service of eye testing by the mobile Eye Van introduced this year was on expected lines even if depth was impaired by the Pandemic.

The importance of health & hygiene underlined by the Pandemic in any developmental effort will boost work of Ekal Arogya, as was also signified by a consent reached to revamp Arogya Foundation of India (AFI), the Nagar Sangthan supporting Ekal Arogya, at Chintan Shivir held towards end of the year. The subsequent developments made towards this further strengthens the commitment to this importance. With the renewed confidence and revamped AFI, Ekal Arogya will rise in Ekal Abhiyan's scheme of programs and will be able to fill in the vast gap in health services that has existed in rural geographies for a long period, I am confident.

Thanks.
Bajrang Bagra
President
Ekal Abhiyan



Bajrang Bagra Ekal Abhiyan

एकल अमियान के राष्ट्रीय अध्यक्ष का संदेश

एकल की आरोग्य योजना अभियान के लिए एक बहुत ही महत्वपूर्ण कदम साबित होता जा रहा है। इसके माध्यम से ग्रामवासियों को आरोग्य के सामान्य नियमों के प्रति जागरूक करने के साथ ही प्रत्यक्ष चिकित्सा द्वारा ग्रामीणों के विभिन्न बीमारियों का हरसम्भव ईलाज भी किया जा रहा है जो कि इस योजना को अगले पायदान पर ले जाने हेतु काफी है।

सम्पूर्ण कोरोना काल में आरोग्य योजना द्वारा हजारों स्वयंसेवी डॉक्टर्स के माध्यम से की गई निःस्वार्थ एवं अनवरत सेवा ग्रामवासियों हेतु ईसाई मिशनरियों का विकल्प पैदा करता है जो कि ग्रामीण एवं वनवासी क्षेत्रों में धर्मान्तरण हेतु स्वार्थवश कार्य कर रही हैं।

आरोग्य योजना ने ग्रामवासियों में औषियों पर निर्मरता कम से कम करते हुए जीवनशैली तथा खान—पान में सुधार द्वारा रोगमुक्त करने का लक्ष्य लिया है और इसे पूर्ण करने हेतु पूरी तरह से प्रतिबद्ध भी है। ग्रामीण महिलाओं में खून की कमी एवं बच्चों में कुपोषण की चुनौती को भी इस योजना ने स्वीकारा है तथा इसके उन्मूलन हेतु आवश्यकतानुसार पर्याप्त स्वास्थ्य शिविरों का आयोजन भी इस योजना द्वारा किया जा रहा है। इसके अतिरिक्त ग्रामीण क्षेत्रों में घरेलू चिकित्सा के प्रयोग हेतु आरोग्य संसाधन केन्द्र (ARC) की ग्राम आरोग्य सेविकाओं द्वारा घर—घर जाकर ईलाज एवं प्रचार किया जा रहा है।

टेलीमेडिसिन द्वारा तकनीक के माध्यम से अतिदूरस्थ वनवासी क्षेत्रों में भी मरीजों की उचित देखभाल एवं ग्रामीण क्षेत्रों में आँखों के उपयुक्त ईलाज हेतु नेत्र चिकित्सा वाहन (Eye Diagnostic Van) की सहायता से ग्रामवासियों की सेवा की जा रही है जो कि आरोग्य की दृष्टि से एक विशेष उपलब्धि है।

भविष्य में आरोग्य योजना की शानदार सफलता एवं देश सेवा हेतु मेरी अग्रिम शुभकानाएं।

(राजेश गोयल)

अध्यक्ष, केन्द्रीय कार्यकारिणी एकल अभियान



राजेश गोयल राष्ट्रीय अध्यक्ष एकल अभियान

सजन कुमार बंसल अध्यक्ष, ट्रस्ट बोर्ड आरोग्य फाउंडेशन ऑफ़ इंडिया

१९ जून, २०२१

धन्वन्तरी, चरक, सुश्रुत, सुषेन जैसे देवतुल्य आयुर्वेदाचार्यो व आधुनिक जगत के चिकित्सीय पुरोधाओं ने मनुष्य को आरोग्य का जो पाठ पढ़ाया उसी परिपेक्ष्य में एकल आरोग्य ने सेवा के नये कीर्तिमान स्थापित किये हैं |

गत वर्ष से विश्व एक ऐसी विपदा का सामना कर रहा है, जो सौ वर्षों भी नहीं देखी गयी | हमारा देश भी इस आसत्र विपदा से प्रभावित हुआ है | विपदा महामारी के रूप में आई और अदृश्य शत्रु की भातीं इनमे मानव शारीर को प्रभावित किया | इससे भी बढ़कर इस महामारी का आधुनिक चिकित्सीय पद्धित के पास कोई प्रमाणिक इलाज नहीं था, अतः एकल आरोग्य के प्रकृति द्वारा प्रदत आयुर्वेदिक औषधियों के प्रयोग द्वारा महामारी से युद्ध किया और आज यह कहते हुए मैं हर्षित और गर्वित हूँ, की प्रकृति ने मनुष्य की स्वास्थ्य की रक्षा की और इस महामारी से बचाने में अपनी महती भूमिका का निर्वहन किया | जैसे- जैसे आधुनिक चिकित्सीय पद्धित को महामारी के इलाज में सफलता प्राप्त हुई, एकल आरोग्य ने उसे भी आत्मसात किया तथा उसका उपयोग भी किया |

एकल आरोग्य ने पुरे देश में संचालित 'एकल विधालय' के माध्यम से सुदूर वनवासी अंचलों में स्वास्थ्य सेवाओं को विस्तार दिया व यह प्रयास किया की अंतिम व्यक्ति तक चिकित्सा पहुचें | कार्यकर्ताओं ने जिस जिजीविषा से स्वयं को योद्धा की भातिं तैयार किया उसने यह धारणा बलवती की है, कि यदि प्रकृति का साथ हो, संगठन की सकती हो तथा समाज में विश्वास हो तो हम बड़े झंझावातों से पार कर सकते हैं | मैं एकल आरोग्य के माध्यम से समस्त संसार के 'आरोग्य' हेतु प्रार्थना करता हूँ |

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः

सर्वे भद्राणि पश्यन्तु मा कश्चिद्दुः दुख भागभवेत |

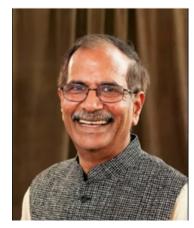
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सजन कुमार बंसल अध्यक्ष, ट्रस्ट बोर्ड आरोग्य फाउंडेशन ऑफ़ इंडिया

Message from President of AFI (USA)

Past year has been a year NOT to be forgotten for most humans on earth. We humans frequently take health as a normal situation until the crisis strikes even in a family let alone in a community. Pandemic has made us realize the obvious - importance of health in a family community, society, nation and the entire humanity. We have also learnt a lesson that without the safety of public health, economic prosperity is NOT possible. Everyone suffers, rich and poor if public health is ignored. Preventive health is of utmost importance. Let us hope and try that we do not forget these lessons in the foreseeable future. Arogya Foundation of India, throughout this difficult and challenging year, through its salutary activities, has attempted to move forward as much as possible. Larger challenges still lie ahead for all of us. AFI is in its infancy for Ekal Abhiyan with a long winding road ahead for our target population. Rapid broader expansion and a push for use of digital methods in preventive health education and "TELEMEDICINE" for the remote villages it plans to serve is an exciting opportunity and a move in the right direction. Let us hope that we make a consolidated effort to succeed in this new frontier of Ekal Abhiyan, thus public health without improving precious comprehensive village development is not possible.



Dr. Rakesh Gupta President,AFI,USA

Thanks.
Dr. Rakesh Gupta
President
Arogya Foundation of India

Message from Trustee In-charge, Arogya Foundation of India

"Jaan Hai To Jahan Hai" a very popular saying, holds relevance more than ever during this Corona Pandemic. Value of health & significance of health care workers is well understood by one & all. Governments of most of the countries worldwide are now very keen to invest in the health of their people. Heeding the need of the hour, Ekal Abhiyan has also realized potential & importance of Arogya Yojana & decided to scale up its activities. While Ekal Abhiyan has already achieved its long-awaited dream of more than one lakh Vidhyalaya, now it is Arogya Foundation's turn to catapult its well-tested health projects in one lakh villages through the well-established Ekal Network.

Year 2019-2020 was a challenging one for AFI & this challenge was handled very well by AFI Sewavrati, Management Karyakarta & Samiti members. All projects like ARC, IVD, KCSK medical camps & even premedical Externship did very well. Our ArogyaSevikas were busy distributing kaadha and face masks while Arogya Sanyojikas were busy with telemedicine in some areas & they also assisted sevikas. Pandemic time has been well utilized for revising almost all the teaching material by our expert committees for our sevikas & sanyojikas. Due to lockdown restrictions, we could not utilize Eye van as planned, yet we managed other fronts of environment & hygiene-related issues like soak pit, plantation, poshan vatikas etc.

We focused on preventive & herbal treatment more during previous years but this year we've moved towards diagnosing people through PORTA Clinic & providing treatment through telemedicine project with the help of our Ekal USA team.

I pray to Almighty to guide & empower us all to achieve our new goals to serve the deprived rural & tribal communities.

Thanks.
Dr. Umesh Paliwal
Trustee In-charge,
Arogya Foundation of India



DR. UMESH PALIWAL Trustee In-charge, Arogya Foundation of India

Message from President of AFI

Ramesh Maheshwari President (Executive committee) Arogya Foundation of India 19th June 2021

Kosh Kosh par paani badle, chaar Kosh par vaani

The above statements is self-explanatory, which narrates that our country is full of diversity. In such a large country priority of individuals are also different, priority of health and medical facility and its availability is one of the topmost priority. We cannot compare the health condition of a person living in the city with the son of the soil of a remote village, but this Corona pandemic had literally removed the scope of this comparison. Yes, it is true that with regards to availability of medical facility cities are in much better condition than the remote villages.

In this devastating and serve crisis, Ekal Arogya not only strengthened their capacity but to prevent our villages fom this crisis, Ekal has put it's allround effort, In between April 2020 to March 2021, Ekal Arogya has reached to 2,76,641 families through 852 villages which is a part of 29 sanch of 9 zone and also provided knowledge and training to 41,709 families about homes made herbal immunity booster and awareness to protect from this disease. In the meanwhile Ekal is continuously working to help and build urinals, Soak pit, Waste pit etc for the basic hygiene of the villagers of Ekal villages. Providing training and knowledge of use and preparation of Poshan Vatika. In this trying time. It is indeed a moment of satisfaction for all of us that Ekal Arogya team has not only provided assistance through call center's all over india but provided medicines, Pulse oximeters and Thermometers to its Karyakarta for villagers well being including 25 location centers.

Ekal Arogya officials have ensured the availability of Government Health facility and cascade the same to the villagers of Ekal villages. Ekal Arogya working with the aim to provide the basic heath and hygiene facility and its awareness to all the villagers and working in that direction continuously.

On behalf of Arogya Foundation of India. I would like to convey our sincere thanks to all Donors, Karyakarta's & Sevabraties for their unstinted support for the endeavor Undertaken by Foundation.



Ramesh Maheshwari President (Executive committee) Arogya Foundation of India

Message from President of Ekal Arogya Yojana

I was going through annual report of Ekal Arogya Yojana,

I found that inspite of pandemic of corona which shaken the entire world but the Ekal Arogya served our tribal and poor brothers in remote area, it is a matter of pride that our Arogya sevikas, and co-ordinators, state co-ordinators under the guidance of experts in different pathies like Allopathy, Ayurvedic, yoga and Homeopathy.

I am happy that these Karyakartas & Sevikas are playing very important function of providing health care to the needy.

The services are like, cleanliness, soak pits, compost pit, preventive activities immunity modulation activities and supports.

Besides all these, making quarantine centers, Arogya Sainik services serving the needy people. Arogya Karyakarta's works are commendable and highly appreciated.

This reports shown that over all developed Arogya Karyakarta are serving their villages and nation.

By Eye van activities a noble work of giving vision to needy and improving their quality of life.

The Arogya Karyakartas(Sevikas & all including sevavarties and doctors) are serving nation selflessly is a great work.

In reports Anemia Program by imparting cardinal issue of balanced diet, a significant improvement in Hemoglobin level and giving a drastic change in quality of life of womens and adolescent girls.

Over and above the digitalization of all these activities made a significant case in work.

Side by side our remotes area works are now day by day getting efficiency in digital technologies, they can play video, slide shows can manage video calling and sharing the information as a part of digital India.

Great work all these reports are excellently managed and being transmitted by management karyakartas.

I congratulate all our karyakartas for their great efforts.

Vanyatra of North East is also covered beautifully.

I wish all more and lovely working in days to come.

(Dr. R.N. Mehta)

National President

Ekal Arogya Yojna

(Arogya Foundation of India)



Dr. R.N. Mehta President, Ekal Arogya Yojana

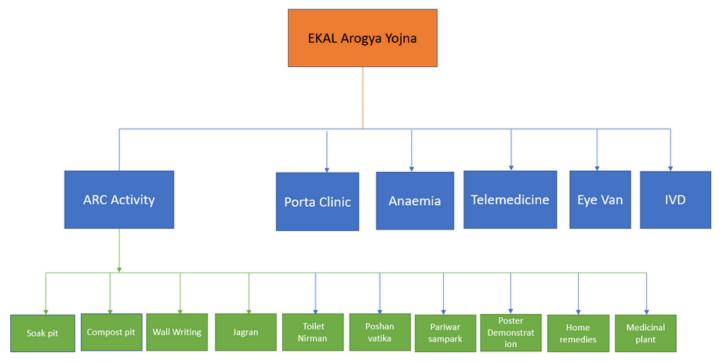
INTRODUCTION:

Human race is passing through its most critical phase of existence on the earth. Most primitive creature which is not even visible has challenged the most highly developed, intelligent and innovative living being of world. Boasting of manipulating and controlling nature & life in the universe is under siege by a virus and is struggling for his own life. The crisis is striking in waves and is reminding us of pitfalls and blunders committed to achieve so called development. It is specially bombarding fatally those who consider themselves to be most modern, progressed, sitting in highly comfortable five star abodes.

This particular episode of the serials of epidemics in the human history since antiquity underlies the importance of golden principles of native systems of curative science of our dear motherland deriving knowledge and strength from Mother Nature and its natural products away from the reach of modern urban populace. Second wave of Covid has challenged the rural people et par with their urban counterparts but they are recovering faster in spite of the fact that they are deprived of modern allopathic medical facilities and care in the hospitals.

In response to this challenge Ekal Arogya quickly gathered its most important resource which is its Karyakartas. On 28 Mar. itself, only four days after the announcement of first lockdown, first online meeting of its National, State and project coordinators was held at 11am which continued nonstop till October when first signs of ebbing of first wave of covid started appearing.

Ekal Arogya Yojana has initiated two major projects of Eye diagnostic vans in Rajasthan and Jharkhand along with the commencement of Telemedicine services in 90 more villages of Jharkhand. A new concept of overall development of villages in the form of Integrated Village Development (IVD) was also initiated by AFI with Gramothan, Ekal Vidyalaya and Sanskar Shiksha in coordination with all of them. While Ekal Abhiyan achieved its long-awaited dream of one hundred thousand Ekal vidyalayas, Arogya Foundation was all set to implement throught Ekal network all its well tested health projects but exactly at this juncture, Covid-19 hit the country bringing to halt all organizational activities at least for a while. Only incumbent year will unfold the mysteries of destiny of the people of this country as well as of Ekal Arogya Yojna's health plans.



ARC's Throughout India

S.NO.	SAMBHAG	Anchal	Sanch
1		Dibrugarh	Naharkatia
,		Majhuli	Balichapori
	ASSAM	Golaghat	Sarupathar
		Silchar	Dholai
		Tezpur	Thelamara
		Tinsukia	Bordubi
2		Palamu	Barwadih
		Ranchi	Silli
		Ramgarh	Gola
		Dhanbad	Govindpur
	Jharkhand	Lohardaga	Bhandra
		Giridih	Shikharji
		Deoghar	Duma
3		Keonjhar	Telkoi
		Raurkela	Jarangloi
		Anugul	Khamar
	Odisha	Rairangpur	Karanjia
		Bhawanipatna	Golamunda
4		Yamunapar	Chaka
	East UP	Chunargadh	Durgamandir
		Renukoot	Myorpur
5	Brijmandal	Agra	Fatehpur Sikri
6		Alwar	Viratnagar
	Rajasthan		Thanagazi
		Udaipur	Jhadol
		Hindon city	Masalpur
		Bara	Kishanganj
7		Khandwa	Khalwa
		Khargone	Jhirnya
	Madhyabharat	Ratlam	Bajna
		Gwalior	Dabra
		Shivpuri	Pichhore
8	Maharastra	Nasik	Jogmudi
9	Mahakaushal	Narsinghpur	Midli
10	Gujrat	Dahod	Kharsana
		Narmada	Mathamogar
		Dang	Pampasarovar

AROGYA RESOURCE CENTRE REPORT

April 2020 - March 2021

The benefits provided to the society through ARCs are depicted below:

		April 2020 to March 2021								
Sambhag	Jharkhand	East up	Odisha	Assam	Madhya bharat	Rajasthan	Agra	Mahakaushal	Maharashtra	Total
Sanch	5	2	4	5	3	5	3	1	1	29
Village	150	60	112	150	90	150	90	30	30	862
Soak pit	685	1025	1951	329	506	402	197	287	530	5912
Waste pit	902	2591	1673	1181	920	464	314	259	493	8797
Wall writing	1204	952	2783	734	4197	1524	1766	634	592	14386
Toilet Nirman	949	1384	3339	445	4210	4012	216	185	246	14986
Jagaran no.	6806	685	143	196	198	108	69	49	34	8288
Presence Jagaran	38351	21073	2827	2014	2680	1797	1984	753	1269	7248
Pariwar Sampark	96102	60617	4574	45825	17538	21075	23408	4397	3105	276641
Home remedies	3581	5301	6616	7092	3172	8575	8876	966	1111	41709
Poshan Vatika	936	1308	4914	2729	1510	724	951	937	872	13945

It is clear from the table of work report of ARCs that in spite of covid crisis which stalled whole function of ARCs and shifted the attention of all the workers towards control of corona the Arogya Sevikas worked efficiently and many of the routine functions were performed after the lockdown opened up. This is also to be noted that those ARCs which are covered under the heading of IVD are not reported here. Thus the total number of ARCs here is 29 instead of 37 reported last year.

Thus the numbers of work shown here should be seen in the context of available months of work which were only 5 months November 2020 to March 2021.

The report shows that soak pit constructed within the stipulated month have substantially increased. Sevikas have contacted around 300000 families for awareness, treated more than 40000 patients with home remedies and cultivated new 14000 poshan vatika.

Photos:-



Sambhag -Mahakaushal Village - Richha



Sanch- Dumma village- Sankari



Sanch- Dumma Village - Galwadih



Sanch- Kharsana Village - Godia



sanch- Skhiarji Sambhag- Jharkhand



Sanch - Jhadol Village - Kharwand

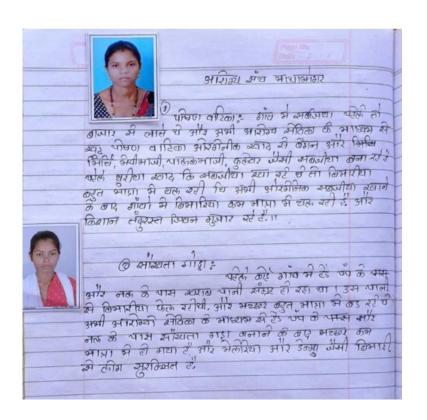


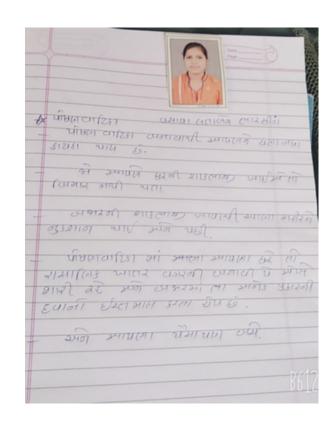
Anchal- Mysore Sanch- Gaddige

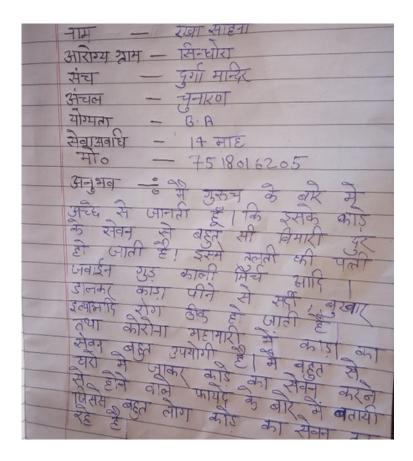


Sanch- Thelmara Sambhag - Assam

Success Story:-



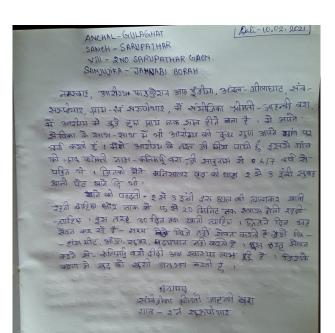


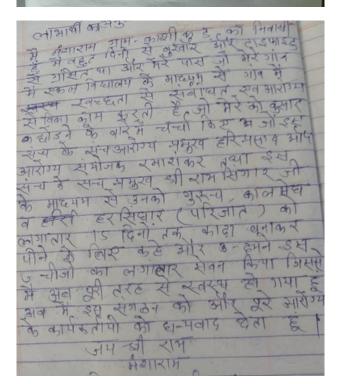




WILL - DHOTIA ROITAK GRON नगरकार, भैरा नाम श्रीमती रोतामणि दल । में अंक्न-तिनश्कीया, स्त्र - चर्चुबी, ग्राम - धिरिया ७ रेतक गांव की सेविका ही। में आरीग्य फाउर्देशन अफ इंडिया औं - बिगत - तारिख- 24/09/2019 तथा 1 आल, 3 मिर्नि की इस अधियान की साथ जुड़ी हुई । इस्ते लिभ में खुत की बर्त अनिकृत में रूस्त्र करती हुं की में हाकल आशीम की मक श्रेविका हैं। में आत्रीच्य यीतना की द्वारा ही अपने गांव में व्हार रूपन । क्यों कि वृक्ष रूपन शुनाशी प्राकृतिक की जान अमुल्य संपद् है । जो कार्रों में पेड़ने कभी नहीं की भी । आज में न्व्स रूपन की अहता की ध्यान श्रमते हुमा - गांव की आपने क्कूली की ऑह आमाजिक अधानी में, भोव की लीशी की आधा व वस्ती के आध a 500 से अधिक ब्यू रापन की हैं। इसने उपरथत पैधा व 500 से अधिम हम रूपने का हु। कितरण भी की ह जो कि मेरे राजारी गाउरायों से 250 में था लायर गांव कितरण भी की ह जो कि मेरे राजारी गांचपत करायों हैं। भीगा : खोगा स्वास्थ्य के, लाभ दायक हैं। यह ग्रांते में प्रकार आत्रीम्य में अड़में में ही प्राप्त की हैं। अब में आपने गांव में रक्ती के बलों और अपने चर में धोगा- कराती हैं जिसमें अर्थी-15 अंद्रि कर्मी 30 बार्कों योगा में भाग लेते हैं। और अभी सभी बच्चों में पोमा का होती है। गया है और बच्चे रीत योगा अश्याभ में और है। श्रीमनी - श्रीतामी दत्त

साम - धरिया रेतक गांव











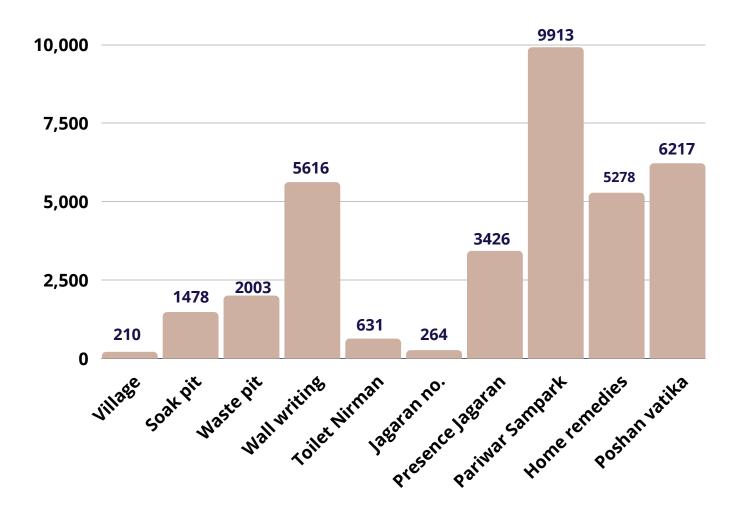
Integrated Village Development

About the project:-

The IVD model is promulgated in Ekal villages to ameliorate illiteracy, unemployment amongst youth, unhealthy traditions, customs and conditions in the villages. Also, it is meant to inculcate skill development, healthy habits of lifestyle, eating and prevention of diseases through sanitation, personal hygiene, herbal remedies and awareness. In order to have sustainable development in the rural and tribal villages wide range of skill activities, healthcare awareness programs& elementary education have been devised to implement various objectives of Ekal. The project has been started in the blocks where there is presence of a cluster of 30 Ekal Vidyalaya in the villages.

There were only seven IVDs last year. Special attention was paid to develop these IVDs holistically. The report also shows that comparatively more work is done in the IVDs than the ARCs.

Sambhag	Jharkhand	Assam	Gujarat	Total
Sanch	3	1	3	7
Village	90	30	90	210
Soak pit	192	58	1228	1478
Waste pit	420	259	1324	2003
Wall writing	656	235	4725	5616
Toilet Nirman	356	129	146	631
Jagaran no.	126	56	82	264
Presence Jagaran	2541	589	296	3426
Pariwar Sampark	656	1364	7893	9913
Home remedies	480	965	3833	5278
Poshan vatika	288	514	5415	6217



PHOTOGRAPHS:-



Waste pit



Wall Writing



Jaivik khad



Wall Writing

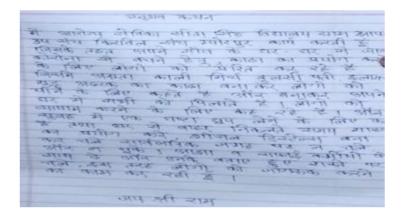


Prabahat Pheri



Poster Pardarshan

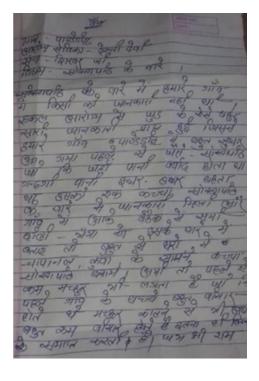
Success Story:-













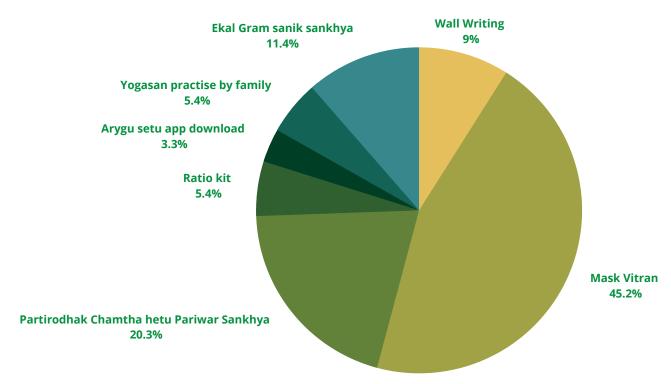
(Progress Report during Co-VID Time)

Introduction: -

Time and again strength of any organization is gauged from the ways it can devise to face a taxing time. Ekal Arogya not only prepared health programs suited to fight the pandemic it also guided the Abhiyan through this battle. It converted the problem into an opportunity to exhibit its resilient inner power to face it.

Covid Time Work (April to June 2020)

Covid -19 pandemic has stunned the world. But Ekal Abhiyan has confronted it head on without fear, Arogya being its front-line organization in this battle with its battalion of Arogya Sevikas, like warriors fought this combat ceaselessly.



Activity:-

- Wall writing for awareness:-22000
- Mask Vitran :- 110617
- Partirodhak Chamath hetu pariwar sankhya :- 49665
- Ration kit delivered to:- 13275
- Arogya setu app download:- 8159
- Yogasan Practiced by Family: 13202
- Ekal gram sanik sankhya: 27967

Meeting:-

- Online meetings at (Sevika & Sanyojika): Per day 1 meeting at the village level& 25-30 Sevikas was joined through a conference Call.
- Online meetings at (All India Coordinators): Per day 1 meeting at the Central level and all India doctors and other experts are joining to educate our Coordinators about COVID. Online classes: 7 days Sevika Training & 8 days Sanyojika Training Online Training held.







Ration Kit



Diwar lekhan



Diwar lekhan



Mask vitran



Yogasan





Diwar lekhan

Ekal Arogya on wheel

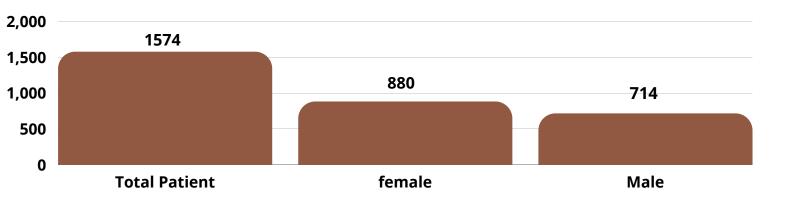


The Mobile Eye clinic is fully equipped to take care of primary eye care with trained personnel, which can be taken to remotest places to provide quality eye care to all screened patients. The main causes of blindness in India are Cataract, Refractive errors, Diabetic Retinopathy and Corneal blindness. The eye van is equipped to detect these problems. There is also facility of providing glasses and generic medicines at affordable price.

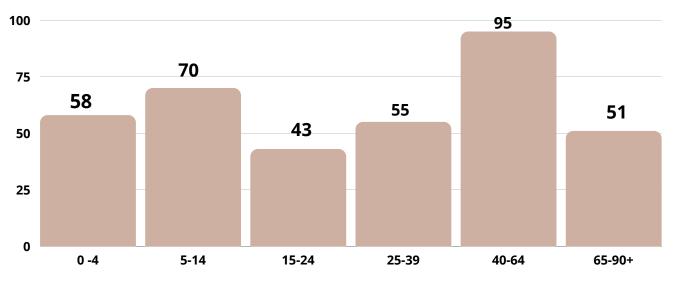
Coronavirus struck at such a time when two eye vans, one in Rajasthan and one in Jharkhand were inaugurated in February last year 2020. So eye relief program of Arogya Foundation could not take off. Only after November 2020 the vans started functioning. Within 3 months before the second wave of corona struck many cases of refractive error and cataract were detected. Cases with the refractive error were provided spectacles but before the cataract cases could be operated the second corona wave started and again the Van function was.

Total Patient Screened Total Registration Village Covered Cases Referred to Hospital 15749 3225 60 340 Referred to Hospital

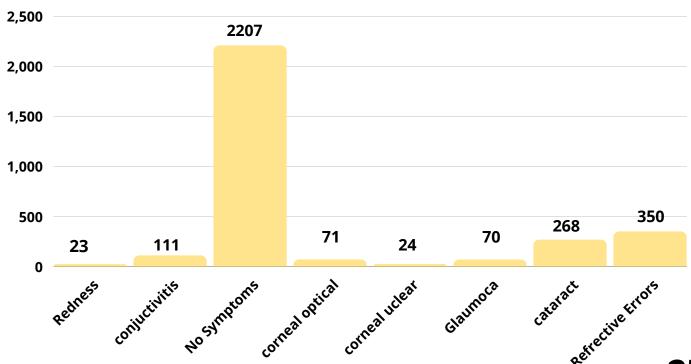
Screening



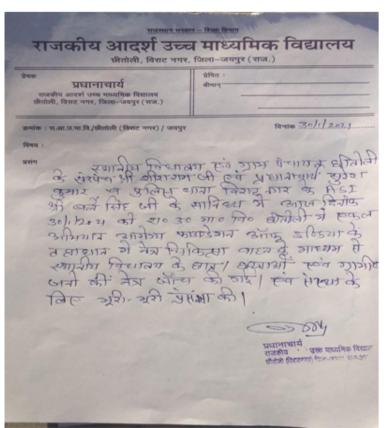
Age-wise

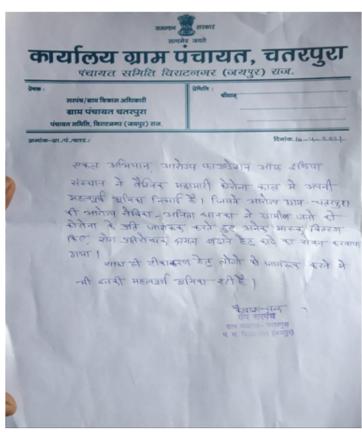


Symptoms

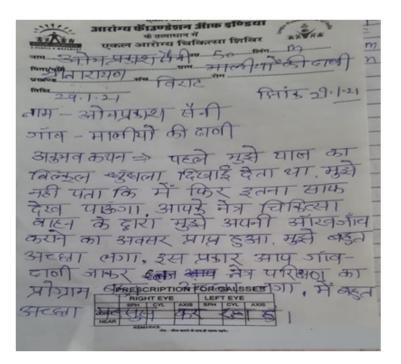


Success Story: -









Photos: -



Eye Screening

Eye Screening



Eye Screening through sevika



Village people

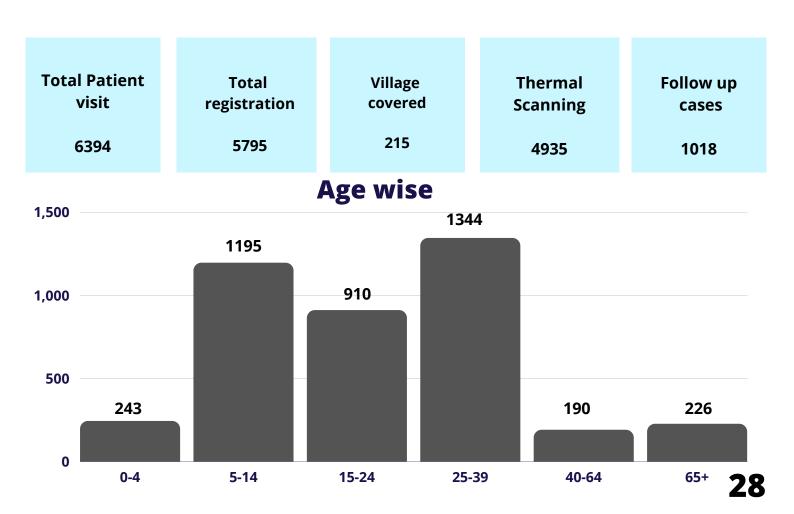
Telemedicine Chikitsa Sahayta Kendra

About Telemedicine: -

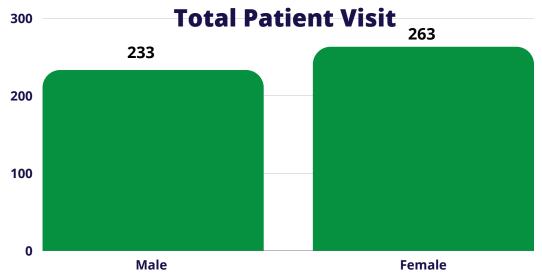
The World Health Organization (WHO) defines Telemedicine as "The delivery of healthcare services, where distance is a critical factor, by all healthcare professionals using information and communication technologies for the exchange of valid information for the diagnosis, treatment, and prevention of disease and injuries, research and evaluation and for the continuing education of healthcare providers, all in the interests of advancing the health of individuals and their communities.

The utility of Telemedicine: -

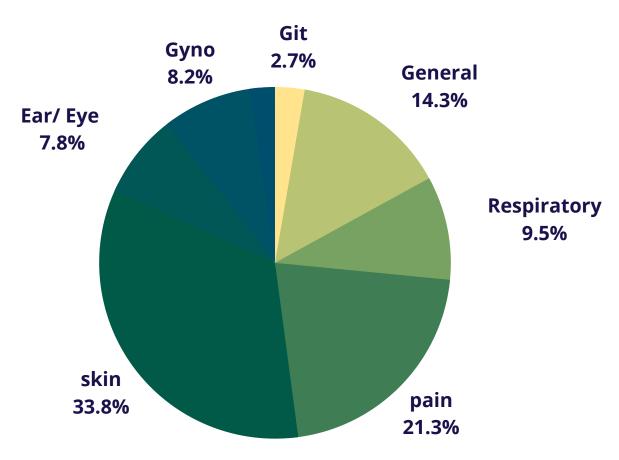
- -Easy access to remote areas.
- -Telemedicine in peripheral health set-up can significantly reduce the time and cost of patient transportation and medical consultation.
- -Improves communication between health providers separated by distance. The greatest hope for telemedicine technology is that it brings medical expertise to the patient's doorsteps once telecommunication has been established.
- Network is well utilized to carry a screening program for such severe ailments in which the outcome of treatment depends on early diagnoses such as malignancies and lifestyle diseases
- -It provides a network between urban health facilities and rural emergency patients through which a critical patient can be brought to city with a clear guidance as to place of his treatment thereby making it cheap and free of exploitation by so called touts in city's health sector.
- This network may include pharmacists too, so that the medicines provided by them are exactly what the doctor has prescribed



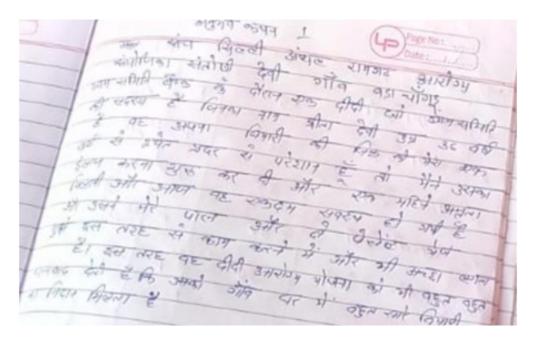




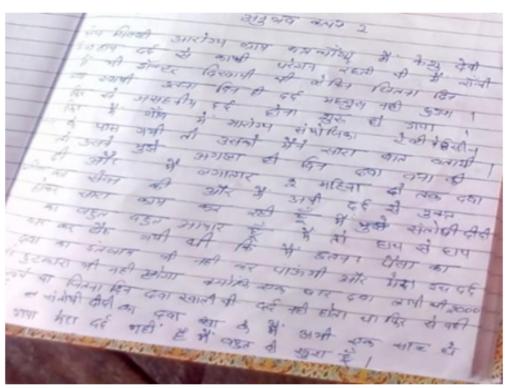
Symptoms wise



Success Story









Photos:-



Thermal Scaaning



BP check



BP check



BP check



Thermal Scaaning



Thermal Scaaning



Telemedicine Centre



Thermal Scaaning

Mask Distribution Report

The science around the use of masks by the general public to impede covid -19 transmissions is advancing rapidly. The decreasing the transmission can reduce the death &negative economic impact. So Arogya Foundation of India in association with Reliance Foundation distributed mask in villages. The local Samiti members are providing all possible support for distribution of Masks. In Covid-19 situation that was a big help to our Krayakarta & field workers. The project was a new hope in the pitiful scenario of health care in Rural India.

Photos:-





Mask Vitran

Mask Vitran



Mask Vitran



Mask Vitran

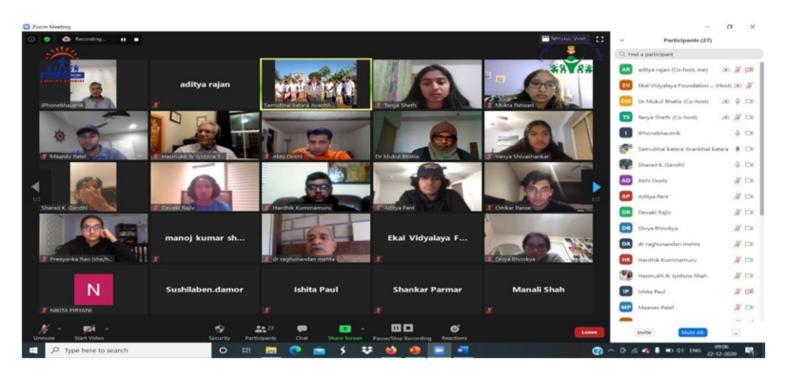


Mask Vitran



Mask Vitran

PREMEDICAL EXTERNSHIP (PME)



Students of the United States of America are required to undertake a one-week premedical extension program on "Health Services of Rural Countries" for admission to the Medical College, which the Arogya Foundation of India has been successfully doing for the last six years.

But due to COVID-19, this year was concluded in December of 2020 through "Social Media" through Social Media.

As a result of the efforts of more than solo workers, this Program got good success, this Program has successfully fulfilled its responsibility. On 9/29/2020, from 9:00 am, all the concerned workers, brothers and sisters showed zeal, exuberance of duty, without worrying about the cold in rural extension, it was concluded on 30/12/2020.

One topic from 9:00 AM to 9:45, then another from 9:50 AM to 10:30 AM, which was broadcast live online from the rural areas of Kharsana Sanch, Dahod District, Gujarat State in the single village of India. All the workers of the Single Health Scheme, Central Committee, Provincial (Divisional) Committee workers, IVD. Of Activists and other organizations, such as Dean of Zaids Medical College, Medical Superintendent Professor Gan, Division, Sanch, learned this technology and performed beautifully by converting the function. To make it successful, Arogya women are flowing, Kambhana Sancha's Samubhai Amor, Tejasit Bhai, Shankar Bhai (Coordinator of the Division), Dr. Tripathi (Dean), Dr. Hathila (Medical Superintendent), Dr. Jayashree Bute and other professors of the Department of Community Medicine, Dr. Bhowmick Upadhyay,

Dr.Mukul Bhatia, Dr.R.N. Mehta and Dr. Hansmukh Bhai Shah from the US Center, Mr. Ramesh Bhai Shah, Dr. Rakesh Gupta, Ku. Seema Gupta (USA) supported Tanya and the event. The form of this Program was guided by Dr. Madhukar Bhatt (Ranchi) and Dr. Satpathy, Dr. Premchand ji, Dr. Manish and Mr. Manoj Sharma (Rajasthan) in a beautiful format in preparing the Virtuval Tour. Technical support for this Program was provided by Mr. Aditya, Mr. Ashish and the team of Ranchi office. This first virtual P.M.E. On the completion of this, all the students who took part in the year of Indian students and 2 students from India also expressed their deep satisfaction and happiness on the success, the achievement of this difficult corona period. In India, our rural extension healer has proved that we are no less than anyone by using this technique beautifully.

Ekal Sanik Samman

Ekal Arogya Yojna Madhya Bharat, Indore & Sanch Khalwa Samiti celebrated Makar Sankranti Utsav in Which honored the ex-servicemen Nand kishore ji.







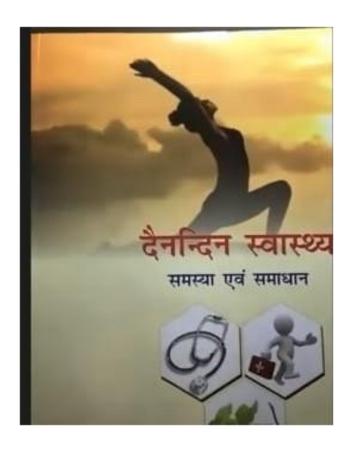
Book Vimochan

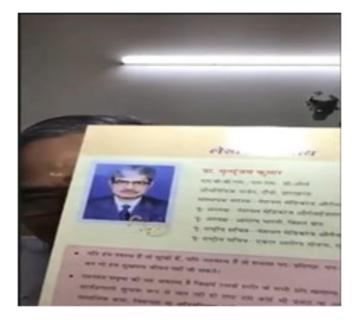
Arogya Foundation in its endeavor to train the Arogya Sevikas, Sanyojikas and other health Karyakarta of villages has developed a lot of literature as & when required. It has been in the form of books, articles, ppts, videos and emails.

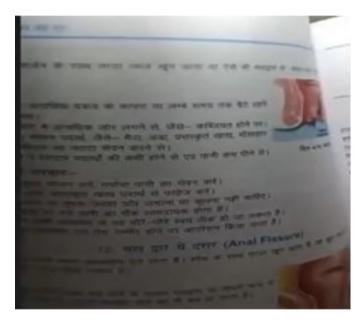
This time Dr. Mrityunjay Kumar writes a great handbook for our team. He is an orthopedic surgeon and devotes his full time to the social cause served by Ekal Arogya in the field of rural health.

The book is in Hindi with colorful photographs. Dr. Mrityunjay devoted one year to prepare this book. Vimochan of Book was done by Manniya Shyam ji, mentor of Ekal Abhiyan on(30-10-2020)









Media Coverage

नेत्र चिकित्सा वाहन का किया शुभारंभ, अब घर बैठे ही लोग अपनी आँखो की निःशल्क करा सकेंगे जांच



तेज न्यूज 24

विराटनगर/जितन्द्र प्रजापति विधानसभा क्षेत्र में आरोग्य फाउंडेशन ऑफ हॉडण एकल अभियान के तहत ग्राम करतपुर में आई वेन का मुमार्टम विधायक इंडाम नुगरं की अप्यक्ता में किया गया। इस दीयान विराटनगर उपखंड ऑफकारे राजकीर मिह यादय ने इस गाड़ी को आंडा प्रदान की। अब इस वेन के इस ग्रामीणों को घर पर ही नितृत्क और्यों की जांच की जाएगी विधायक इंडाम गुर्जर ने जानकारी देते हुए बखाम कि जिन स्तेगों को मोतिशाब्दिक पुरंपला दिखान,य अन्य आंखों से संबंधित किसी

भी प्रकार की समस्या का जरूरता अनुसार उनका भी निःतुत्क अधिरान किया जाएगा। इस दौरान कराईकम में विश्वयक्त ने जनता संस्थान करने की अपील की साथ ही सभी लोगों को जांच कराने की बात कही।कार्यकम के दौरान चतरपुरा ग्राम के पृत्युर्थ सैनिकों का स्थाम भी किया गया सिमीत के अध्यक्ष राजीव हासी, राजस्थान प्रभारी मनोज कृमार, कार्यकर्ता भोरतराम ,महेश , शिवराम ,कारपुर्थ सैनिकों अने हास्त्रार मान्छा, हास्त्रार से, भृतपुर्थ सैनिकों में इसलदार रामनारक्ता धनका सुरहरूका सैनिकों में इसलदार रामनारक्ता धनका सुरहरूका सीनकों में इसलदार रामनारक्ता धनका

गाँव गाँव जाकर आई वैन के द्वारा की जा रही है आँखो की निःशुल्क जांच



विराटनगरः एकल अभियान आरोग्य फाउंडेशन ऑफ इंडिया के तत्वाधान में नेत्र चिकित्सा वाहन के माध्यम से आरोग्य ग्राम बास उदय सिंह में नेत्र रोगियों का उपचार किया गया। अंचल अभियान प्रमुख शिवराम गुर्जर ने कहा कि ग्रामीण क्षेत्रों में इस प्रकार के शिविरो के आयोजन से गरीबों को लाभ मिलता है । विराटनगर आरोग्य संयोजक महेश चंद धानको न बताया कि शिविर में 16 वर्ष तक के बालकों का नेत्र संबंधी संपूर्ण इलाज निशुल्क रहेगा, जिन बड़े बुजुर्गों को मोतियाबिंद की समस्या है उनका इलाज कैलगिरी हॉस्पिटल जयपुर के सहयोग से निशुल्क किया जाएगा । इस अवसर पर नेत्र संयोजक गर्जेंद्र कश्यप संयोजक कालुराम सोठवाल कोऑडिनेटर घोला राम मीणा सेविका उर्मिला गुर्जर आचार्य मंजु गुर्जर, खेमचंद कैलाश सिंहत कई गणमान्य लोग

आरोग्य सेविकाएं ग्राम स्तर पर कर रही प्रशासन का सहयोग

नरसिंहपर। कोरोना यांपरम संक्रमण तेजी से अपने पैर परतारने के कारण विश्वयाची महामारी के रूप में सामने आया है। वॉयरस संक्रमण से बचाव के लिए शासन प्रसाशन बड़ी ही सजगता के साथ मुस्तेद है। साथ ही सामाजिक संवाधावी संगठन भी इस आचत की घड़ी में शासन प्रशासन के साथ सहयोगात्यक भूमिका निभा रहे है। इसी कम में देशभर में पंचमुखी आयार्थ शिक्षा आरोग्य विकास जागरण संस्कार को ग्रामीणाचलों तक जन जन तक पहुंचाने वाले एकल अभियान का भी भरपुर सहयोग चित रहा है। एकल अधियान के आरोग्य फडडेशन ऑफ इंडिया के संच बरमान मिडली के आरोग्य सेविकाओं एवं आचार्यों के द्वारा लगातार कोरोना संक्रमण बचाव हेतु जन जगरूकता अभियान चलाया जा रहा है। लोगों को घर घर जाकर घर पर रहने फेस मास्क लगाने सेनेटाइजर य साबुन में हाथ धुलने आदि की समझाइश दी जा रही है हाथ ही गत दिवस आरोग्य ग्राम हिरनपुर में अन्य जिलों से आने वाले व्यक्तियों की जानकारी भी प्रशासनिक अधिकारियों तक पहुंचाई हिजाके बाद स्वास्थ्य विभाग के आरोग्य सैविकाओं को प्रशासन की ओर से धन्यवाद भी ज़पित किया गया।

वरसिंहपुर। रवी विचनन वर्ष 2020, खरीदी के लिए जिले में 100 खरीदी के कार्य किया जा रहा है। अब तक 17: 140.15 करोड़ रूपये का पुगतान कि देली खुलेटिन से प्राप्त जानकारी के 1 116330.88 मेट्रिक टन का परिवहन वि प्रतिशत है।

जिले में विभिन्न विभागों निर्माण कार्यों में संलब्न की जानकारी

नर्गसंहपुर। जारी देली बुलेटिन के विभिन्न विभागों के निर्माण कार्यों में स्थित में कुल एक लाख 98 हजार 35 हैं। लोक निर्माण विभाग के अंतर्ग पोएसीक्या के अंतर्गत कुल 3106, 1 कुल 192703, ग्रामीण प्यक्तिकों सेवा 570, एनखीडी, के अंतर्गत कुल 236 अंतर्गत कुल 498 अमिक ग्रंतरन हैं।

सेविकाओं और संयोजिकाओं के बीच सरुपथार में मास्क वितरण

बरपथार, 15 फरवरी (नि.सं.)। एकल अभियान गोलाघाट अंचल और सरुपथार संच के आरोग्य फाउंडेशन और रिलायंस फाउंडेशन द्वारा संयुक्त रूप से गत 13 फरवरी को दिन के 11.00 वजे सरुपथार के नलनी गांव स्थित नलनी सरा क्लब के प्रेक्षागृह में आरोग्य योजना के तहत 30 सेविकाओं और 5 संयोजिकाओं के मध्य वैज्ञानिक पद्धति से तैयार मास्क वितरण किया गया। सरुपथार संच के सचिव तथा आरोग्य फाउंडेशन ऑफ इंडिया, सरुपथार संच के सचिव तथा आरोग्य फाउंडेशन ऑफ इंडिया, सरुपथार संच के सचिव तथा आरोग्य फाउंडेशन ऑफ इंडिया, सरुपथार संच के सचिव तथा आरोग्य फाउंडेशन ऑफ इंडिया के पूर्वोत्तर प्रकल्प प्रमुख डा. जतीन दास, संकुल प्रमुख राजेश पनिका, अध्यक्ष कुलधर सुतिया, अंचल के गतिविधि प्रमुख प्रमोद बोरा, संजोयिका पद्मेश्वरी पात्र, स्वर्णलता उरांग, जाह्नवी बोरा सहित कई गणमान्य व्यक्तियों की उपस्थिति थी।

आरोग्य फाउंडेशन ऑफ़ इंडिया के कार्यकर्ताओं के बीच मास्क वितरण

स्वतिस्था - संवादस्था रांची। एकल अभियान का स्थास्थ्य संगठन आरोग्य फाउंदेशन अण्डि इंडिया देश के 1200 तथा झारखण्ड के 300 गांवों में स्थास्थ्य सेवाएं एवं स्थास्थ्य जागरण का कार्य अरोग्य सेविका के माध्यम सेविका रेटीमीर्थिंदिम की सुविधा भी आरोग्य सेविका की सावपता से उत्तर्भिंग्य सेविका की सावपता से उत्तर्भाव्य को संवाद्या की स्थापता से उत्तर्भक सर्वे के योजना है। इस कार्य में देश की जानी मानी संचार कर्पनी रिलायस्स भी संख्यान कर रही है। दोनी संस्थाओं के इस सेवा संख्योग के फलस्वस्था पिलायंस कर्पनी ने एकल अभियान के सभी कार्यकर्तकां औं के लिए 1,81000 मास्क उत्तरन्थम कराये हैं? शनिवाद को आरोग्य भवन में



लिए 500 मास्क का वितरण किया गया । इस अवसर पर आरोप्य भवन में डॉ मुकुल भाटिया राष्ट्रीय संयोजक आरोप्य भवन अंक्षर हाईका, विजय पाजरिव्या अज्ञ्य वार्षी चेट्ट आरोप्य फाउंडेशन ऑफ इंडिया, कृष्णा गोधालका क्षेपाण्यक रांची चेट्ट आरोप्य फाउंडेशन ऑफ इंडिया, डॉ मृत्युंजय कृमार केन्द्रीय प्रशिक्षण प्रभारी एकल अयोग्य योजना डॉ टीपन सरक्येश कंदीय सहस्रमुख प्रभारी एकत्व आरोग्य योजना, डॉ मजोज जारायण त्याल, सिक्टिंग त्याने , डॉ मजोज सिंह टेलीमेडिसन प्रशिव्यक, नीतम रानी अभ्यक्ष महिला सस्मित, डो सुषमा नारायण सरिव्य महिला समित, मंदीरा गोगई कोसायथक महिला समिति , कुमसुम गोज सदस्य महिला समिति तथा रांची कार्यालय से आदित्य जी, प्रशांत

आरोग्य संस्था दिवार लेखन के माध्यम से कर रही है लोगों को जागरूक



शाहपुरा । आरोग्य फाउंडेशन ऑफ इंडिया के तत्वाधान में वैश्विक महामारी कोरोना की दूसरी लहर को देखते हुए आरोग्य ग्राम पापड़ी में दीवार लेखनों के माध्यम से लोगों को कोरोना से बचने के उपाय बताते हुए जागरूक किया गया। साथ ही आरोग्य की टीम परिवार संपर्क के माध्यम से लोगों को टीकाकरण के प्रति भी जागरूक कर रही हैं। इस अवसर पर संच समिति अध्यक्ष राजीव शर्मा, आरोग्य योजना प्रमुख राजस्थान मनोज कुमार शर्मा, कोषाध्यक्ष औम प्रकाश शर्मा, संकुल कीर्डिनेटर धोला राम मीणा, विराटनगर आरोग्य संयोजक महेश चंद धानका, संविवका सनीता शर्मा सिंहत कई लोग उपस्थित रहे।

अमरीकी चिकित्सकों की टीम ने किया बरडूबी आरोग्य एकल सेंटर का भ्रमण

एकल अभियान

मुवाहाटी/तिनसुकिया, 18 मार्च (पू.सं.)। विदेश से आए चिकित्सक दल ने 18 मार्च को वनबंधु परिषद, तिनसुकिया अंचल के बरहूबी संच के अप्तेष्य एकल सेंटर का ध्रमण किया।

चिकित्सक टीम में डॉ. राकेश गुप्ता, चेयरमैन, आरोम्य फाउंडेशन ऑफ अमरीका, सह धर्मिणी डॉ. मंजु गुप्ता, अमरीका के अतिरिक्त धारत के बड़ौदा से एकल आरोम्य योजना के अध्यक्ष डॉ. अष्टएन मेहता, आरोम्य फाउंडेशन ऑफ इंडिया के संगठन मंत्री डॉ. धौमिक उपाध्याय, आगरा से डॉ. अरूण चतुर्वेदी, डॉ. एसके कालरा, आरोम्य के राष्ट्रीय संगठन मंत्री डॉ. सतीश गुप्ता, कानपुर से आरोम्य फाउंडेशन ऑफ इंडिया के राष्ट्रीय अध्यक्ष डॉ. उमेश पालीवाल, महिला समिति की अध्यक्ष नीलम रानी समेत अन्य कई सहायक चिकित्सक एवं



अतिथिबंधु थे।

इस दौरान वनवंधु परिषद, तिन्सुकिया चैप्टर सहित एकल अभियान की स्थानीय इकाइयों के पदाधिकारियों की भी सक्रिय भागीदारी रही। इनमें ग्रामोत्थान रिसोर्स सेंटर के प्रभारी संजय त्रिवेदी, महिला समिति की अध्यक्ष लीना त्रिवेदी, श्रीहरि सत्संग समिति की अध्यक्षा शोभा गुप्ता सहित कई सदस्य एवं सदस्याएं शामिल थे। चिकित्सक दल ने गांव के घरों की स्वच्छता का जायजा लिया। तदुपरांत एक सभा का आयोजन किया गया। सभा का संचालन राजेन तांतां ने किया और अतिथियों के बारे में बताया। परिचय आरोम्य के केंद्रीय समन्वयक डॉ. मुकुल भाटिया ने करवाया। गांव में आरोम्य के द्वारा परिवर्तन के बारे में ग्राम प्रधान एवं सेविका ने विस्तार से बताया।

इस दौरान डॉ. रघुनंदन मेहता ने



अरोग्य योजना के बारे में संक्षेप में बताया तथा डॉ. शम्मी कालरा ने स्वच्छता के बारे में जानकारी देते हुए एक गांव का उदाहरण दिया और ग्रामाणों से संकल्प लिया कि वे अपने गांव को आगामी छह माह में आदर्श गांव के रूप में परिवर्तित करेंगे।

इस दौरान सेवाव्रतियों के समर्पित भाव को देखते हुए आरोग्य योजना के सचिव सतीश गुप्ता, रीमा गींड, राजेन तांती, राहुल शाह, जितन दास और निताई दास सहित आरोग्य संयोजिक एवं संविकाओं को भगवान श्रीकृष्ण क स्मृति चिड्न भेंटकर उत्साहवर्द्धन किया इस मौके पर अतिथियों ने गांव कें स्वच्छता से प्रभावित होकर ग्रामीणों कें धन्यवाद दिया तथा गांव को इसी तरा स्वच्छ बनाएं रखकर स्वयं तथा परिवा के सदस्यों को सुरक्षित रखने के लिए प्रेरित किया।

The artificial Limbs distribution program

Place: Fatehpur Sikri, Agra.

Date: 19 Dec.2019

Arogya Foundation of India under Ekal Abhiyan with the support of Mangal Karoti Foundation, organized a program on 19 Dec.2019 at Fatehpur Sikri of Brajmandal Sambhag to distribute artificial limbs for disabled people. This program was successfully implemented by the Sambhag, Sanch and Gram Samiti & was financed by Mr. Kamal Nayan. Some people joined the program virtually due to corona. Total 42 beneficiaries were present who received the artificial limbs. A cultural program was presented by rural children. The Sevika and the beneficiaries shared their experiences in front of invited Guest. The program ended with recitation the Kalyan Mantra by the present members.



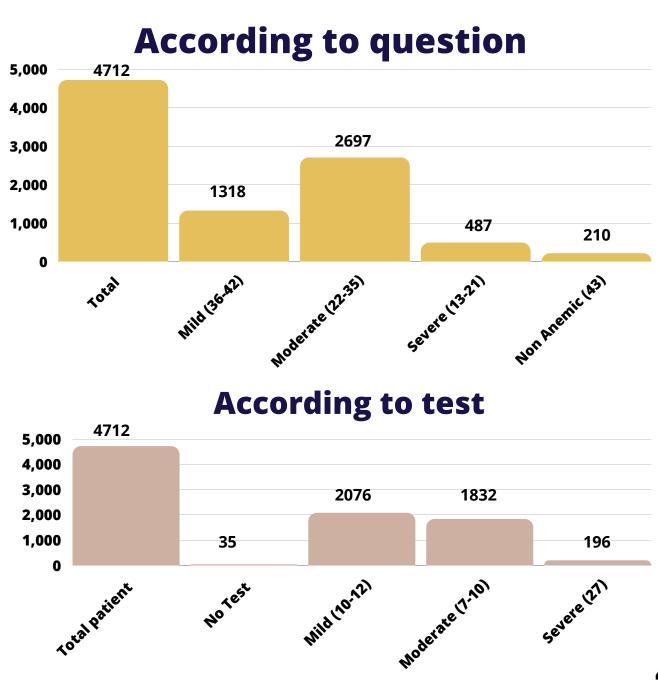






Anemia Program

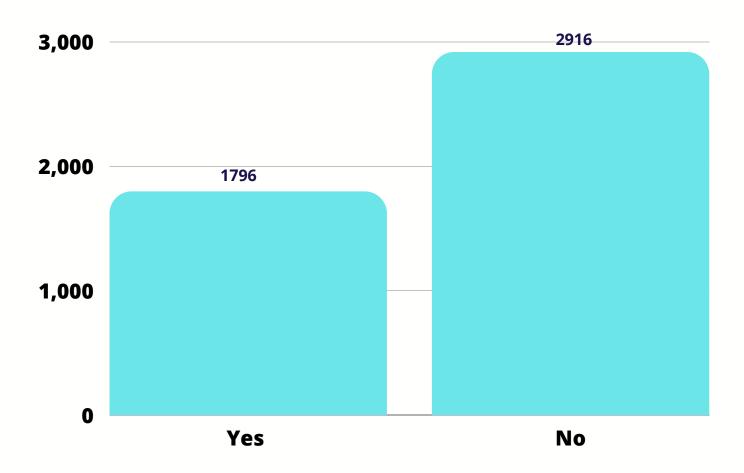
In India, the percentage of Anemic women of child bearing age is remarkably higher than the word statistics of 34 %. It is 52 % in India. Arogya Foundation of India is striving hard to relieve rural women of this highly fatal condition during pregnancy and delivery. According to the pilots conducted by AFI on 3000 women during 2013-15, it was found that 80 % of them suffer from this morbidity due to which generations of stunted and imbecile children are being born. In all our ARCs all the women of the above-mentioned age group are registered and continuously counseled to overcome Anemia by nutritional food, changing the social and cultural stigma of gender discrimination, and taking medicine if so needed. As we can observe in the present report two methods are adopted in every IVD of detecting Anemia one is by subjective way of asking questions related to the diseases and the second by testing the blood of a group of 200 women to assess the success of our effort. In the sample testing, it was observed that the data accumulated after assessing the Hb% of the after through two methodologies the comparative data has produced similar results. It means that our Arogya Sevikas are successful very accurately in assessing the Hb% through questionnaires too as compared to real blood tests.



AGE



Nutrition Garden



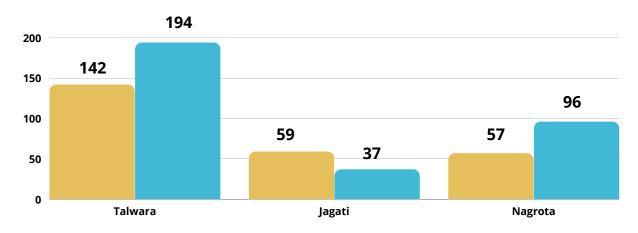
AROGYA FOUNDATION OF INDIA

Nagrota Jammu and in Talwara Reasi

Arogya Foundation of India under Ekal Abhiyan with support of ALTRUISTA HEALTH SERVICES PRIVATE LIMITED arranged three Medical and Health Awareness Camps in Union Territory of J&K. First was on 19/03/2021 at Talwara Reasi where 336 patients were examined. Second conducted on was 20/03/2021 at Migrant Camp Jagti Nagrota Jammu in which 96 patients were examined and the third camp was arranged on 21/03/2021 at Migrant Camp Nagrota TRT Jammu. In this camp 153 patients were examined.

All the three camps started with a inaugural speech by Dr. Harish Anand Coordinator Arogya Foundation of India. Mr. Swarn Singh President Ekal Abhiyan Jammu Division, Mr. R. K. Kaul President Mata Vaishanav Devi Lok Sewa Trust and other functionaries of Sanjeevani Sharda Kendra also spoke on the occasion. The services provided in these camps included general medical Examination, monitoring of BP, Blood Sugar Levels along with treatment of common ailments followed by dispensing free medicines to all the patients by Dr. Seema Vaishnavi and other para-medical staff under overall guidance of Dr. Harish Anand, the coordinator of this Project. Masks and sanitizers were distributed to all the patients and others as well.

In addition to the Health Awareness talks and treatment, general public and patients were advised to take all precautionary measures against the Covid-19. It was made clear to them that any carelessness at this point could drag us down again. Therefore, all Covid-19 safety norms should be taken such as mandatory Masking, Social Distancing, Faster Vaccination, avoid the spitting in public places, Frequent Sanitization, Face coverings. The project was a great success. It was an unforgettable and great learning and satisfying experience for all those who participated and contributed towards its successful completion





AFI Trust Board

Executive Committee (commonly called as Trust Board)

- 1. Shri Sajan Kumar Bansal, Kolkata, Chairman
- 2. Shri Avineesh Mata, NOIDA
- 3. Shri Puran Dawar, Agra
- 4. Shri Suresh Agarwal Manaksia, Kolkata
- 5. Shri Subba Rao, Bhagya Nagar
- 6. Shri Anurag Agarwal, Bengaluru
- 7. Dr. H. K. Mittal, New Delhi
- 8. Dr. Umesh Paliwal, Kanpur
- 9. Dr. Mukul Bhatia- Ex-Officio as Arogya Yojna Pramukh
- 10.Dr. Umesh Paliwal will be Trustee In-charge and will attend the meetings of the Working Committee.
- 11.Shri Ramesh Saraogi
- 12.Shri Dwarka Tantia

Working Committee

- 1. Shri Ramesh Maheshwari, Kolkata, President
- 2. Shri CA Sumant Agarwal, New Delhi, Vice President (Finance)
- 3. Shri Sudarshan Sureka, Mumbai, Vice President
- 4. Dr. Umesh Paliwal, Kanpur, Trustee In-charge
- 5. Shri Manoj Modi, Kolkata, General Secretary
- 6. Shri Satish Gupta, Agra, Secretary
- 7. Smt. CA Binu Nanda, New Delhi, Treasurer
- 8. Dr. Mukul Bhatia, Ranchi, Organising Secretary
- 9. Dr. R N Mehta, Vadodara, Member
- 10.Dr. Harish Anand, Faridabad, Member
- 11.Dr. Vani Ahluwalia, Jabalpur, member
- 12.Shri Sumit Khaitan, Tinsukia, Member
- 13.Shri Debjyoti Ghosh, Silchar, Member
- 14.Smt. Sarita Bhansali, Bengaluru, member
- 15.Shri Shiv Shankar Saboo, Ranchi, Member
- 16. Shri CA Kundan Mal Agarwal, New Delhi, Member

Arogya Foundation of India

Address:

Regional office

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